

**Desert Institute for Spine Disorders, P.C.**

**Patient Registration Form**

**Patient Information:**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Social Security Number: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Drivers License Number: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Number: (\_\_\_\_) \_\_\_\_\_ Work Number (\_\_\_\_) \_\_\_\_\_ Other Number (\_\_\_\_) \_\_\_\_\_

Emergency Contact Name and Number: \_\_\_\_\_ Relationship: \_\_\_\_\_

Email Address: \_\_\_\_\_

*Note: by providing us your email address, you are giving us permission to communicate with you via email.*

**Insurance Information** (You will be required to provide us a copy of your insurance card at the time of your visit):

Primary Insurance: \_\_\_\_\_

Policy Holders Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Policy Number (I.D #): \_\_\_\_\_ Group Number: \_\_\_\_\_ Effective Date: \_\_\_\_\_

Insurance Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Insurance Telephone Number: (\_\_\_\_) \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

**Secondary Insurance Information:**

Secondary Insurance: \_\_\_\_\_

Policy Holders Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Policy Number (I.D #): \_\_\_\_\_ Group Number: \_\_\_\_\_ Effective Date: \_\_\_\_\_

Insurance Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Insurance Telephone Number: (\_\_\_\_) \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

**Primary Care Physician Information:**

Doctor's Name: \_\_\_\_\_ Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

**Who referred you to our office (if someone other than your PCP)?** \_\_\_\_\_

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DESERT INSTITUTE FOR SPINE DISORDERS, P.C.**

***RELEASE OF INFORMATION AUTHORIZATION/ASSIGNMENT OF BENEFITS FOR  
MEDICAL PAYMENT OF SERVICES/ ACKNOWLEDGMENT OF OFFICE POLICIES***

**Authorization for release of Information:** I authorize DISD to disclose all or any part(s) my medical record to listed insurance companies and any agency conducting reviews concerning Worker's Compensation care.

**Medicare Certification:** I certify that the information given by me in applying for payment under Title XVIII and XIX of the Social Security Act is correct. I request payment be made directly to the provider of services on my behalf and I authorize said provider to release any and all information necessary regarding the treatment and services provided as stated below.

**Assignment of Benefits:** I hereby authorize payment directly to DISD by my insurance company(s). In the event an overpayment is made from more than one insurance company, I understand the overpayment will be sent to the appropriate payer. In the event I receive payment from my insurance company for services at DISD, I will surrender the payment to DISD

**Insurance:** DISD will file your insurance as a service to you. If our office does not hear from your insurance company within 60 days, we request your help in contacting your insurance company to resolve the payment delay. **The insurance plan is a contract between you and your insurance company. We must hold you responsible for any balances due.**

**Payment of Services:** I understand that I am financially responsible for all charges and fees related to my care, I further understand that payment in full is expected upon receipt of the first statement which may include co-payments, deductibles, and any service not covered by my insurance plan. In the event my account is referred to a collection agency I will be responsible for collection costs, including interest and reasonable attorney fees.

**Health Insurance Portability and Accountability Act (HIPPA):** I acknowledge that a copy of the HIPPA Notice of Privacy Practices was made available to me.

**Valuables:** I (we) understand that DISD is not responsible for valuables and personal property brought to the facility.

**Medical Release Forms:** I understand that information within my medical record is protected by law and the physicians and staff of DISD **WILL NOT** disclose any information to outside entities without my written consent, this includes my spouse and family members. I also understand that any signed Medical Release forms are good for 1 year unless otherwise noted and therefore must be updated appropriately.

**Personal Information:** I understand that it is my sole responsibility to keep DISD up to date regarding any changes with my address, contact numbers, insurance plans, etc.

**Disability Forms:** I understand that DISD is not obligated to complete any disability forms (FMLA for self or a family member, short term or long term disability, etc.) and offer this as a service. I understand that there are fees associated for this service and that completed forms will NOT be released to myself, my employer, or my disability insurance company until payment is received. I further understand that it takes 7-10 business days to complete disability forms OR respond to request for records that are for the purpose of determining disability status. **THIS IS NOT THE CASE FOR WORKER'S COMPENSATION PATIENTS.**

**No Show and Cancellation Policy:** Although DISD understands that situations may arise that can lead me to cancel my appointment, I understand that DISD requests a 24 hour notice for cancellations so that another patient can be put in my timeslot. I further acknowledge that DISD will charge a "no show" fee in the event that I do not call and cancel my scheduled appointment/surgery in the amount of \$50.00 for office appointments and \$100.00 for a scheduled surgery/procedure.

**Treatment:** I understand that I am responsible for facilitating my care and that it is expected of me to be compliant with my treatment plan and communicate with DISD clinical staff if I am unable to finish my course of treatment.

**I certify I have read and fully understand all of the above information to include the consent for treatment, release of information, insurance authorization, and assignment and payment of services**

\_\_\_\_\_  
Patient or Responsible Party Signature

\_\_\_\_\_  
Date

# Desert Institute for Spine Disorders, PC

8573 E. Princess Drive, Suite #221

Scottsdale, AZ 85255

(480) 656-4048

[www.AZspinesurgeon.com](http://www.AZspinesurgeon.com)

## *Notice of Privacy Practices Patient Acknowledgement*

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I have received this practice's Notice of Privacy Practices written in plain language. The Notice provides in detail the uses and disclosures of my protected health information that may be made by this practice, my individual rights and the practice's legal duties with respect to my protected health information. The Notice includes:

- A statement that this practice is required by law to maintain the privacy of protected health information.
- A statement that this practice is required to abide by the terms of the notice currently in effect.
- Types of uses and disclosures that this practice is permitted to make for each of the following purposes: treatment, payment, and health care operations.
- A description of each of the other purposes for which this practice is permitted or required to use or disclose protected health information without my written consent or authorization.
- A description of other uses and disclosures that will be made only with my written authorization and that I may revoke such authorization.
- My individual rights with respect to protected health information and a brief description of how I may exercise these rights in relation to:
  - The right to complain to this practice and to the Secretary of HHS if I believe my privacy rights has been violated, and that no retaliatory actions will be used against me in the event of such a complaint.
  - The right to request restrictions on certain uses and disclosures of my protected health information, and that this practice is not required to agree to a requested restriction.
  - The right to receive confidential communications of protected health information.
  - The right to inspect and copy protected health information.
  - The right to amend protected health information.
  - The right to receive an accounting of disclosures of protected health information.
  - The right to obtain a paper copy of the Notice of Privacy Practices from this practice upon request.

This practice reserves the right to change the terms of its Notice of Privacy Practices and to make new provisions effective for all protected health information that it maintains. I understand that I can obtain this practice's current Notice of Privacy Practices upon request.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to patient (if signed by a personal representative of patient): \_\_\_\_\_

Desert Institute for Spine Disorders, P.C.  
Duane D.H. Pitt, MD  
8573 E. Princess Drive, Suite 221  
Scottsdale, Arizona 85255

## **Research Release Form**

The Physicians and staff at the Desert Institute for Spine Disorders (DISD) are dedicated to providing evidence based medicine. In order to ensure that you the patient are receiving such care, it is necessary to utilize our patient's medical history along with their treatment plans as a source of study and information.

By signing this form, you are giving the physicians and staff of DISD permission to utilize your medical records for the purposes of research, lectures, and patient education videos. **Your medical records, for these purposes are defined as your diagnostic images and your medical history.** At no time will your name, date of birth, or social security number be disclosed to anyone.

Please indicate below whether or not you will allow DISD to use your medical information for the purpose of research.

***Do not release any of my medical information for any reason***

***I give permission for DISD to use my medical information for the purposes outlined above.***

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

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From time to time we have patients that have questions regarding their upcoming surgery and request to get in touch with a past surgical patient. If you have had surgery by Dr. Duane Pitt and would be interested in participating in a patient education program to mentor future surgical patients please sign below. Your signature gives DISD permission to disclose your name and number **ONLY** to another patient for the sole purpose of gaining insight regarding their treatment plan. At no time will any medical history be disclosed.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

# DESERT INSTITUTE FOR SPINE DISORDERS, PC

## Controlled Substance Protocol

One or more of the medications that your doctor has prescribed to for your pain are classified as **controlled substances**. These medications are very helpful in treating pain and returning patients to work, yet they are subject to abuse. For this reason, the state and federal government closely controls this class of medication. So that we may minimize the possibility of complications associated with the use of controlled medication for pain management, we ask that you read and agree to the following.

Controlled Substances covered by this agreement include, but are not limited to: **Oxycontin, MS Contin, Percocet, Percodan, Norco, Vicodin, Lortab, Lorcet, Darvocet, Darvon, Codein, Soma, and all barbiturates and tranquilizers**. If you have any questions as to what drugs fall under this agreement, please ask your physician.

**Common side effects and complications** associated with the use of controlled substances include disorientation, decreased alertness, increased risk when operating motor vehicles and other machinery, drowsiness, confusion, constipation and other problems. Prolonged use of these medications may lead to a problem called **tolerance** (where increasing amounts of medication are needed to provide the same level of pain relief). Tolerance may in turn lead to **habituation and addiction** (where the body becomes used to taking the medication and sudden discontinuation of the drug leads to **withdrawal**).

### **As a patient of DESERT INSTITUTE FOR SPINE DISORDERS (DISD), I agree to the following:**

1. While I am receiving controlled medication from DISD, I will not accept or request any controlled substance from any other physician or source.
2. I am fully responsible for all medication prescribed, and will control such medication in my possession. If any medication is lost, stolen, or if I use more than directed, I understand a new prescription will not be written or called into a pharmacy prior to the anticipated end of the original prescription. I am responsible for taking my medication as directed and keeping track of the remaining medication.
3. I understand and agree that refills of controlled substances will only be provided during regular office hours 8am to 4pm. No medication will be refilled on the weekend, holidays, or after hours. Refills requested before 12 Noon will be filled within two business days. I will call in my refill request no later than 4 business days prior to running out of medication.
4. I will provide remaining bottles of medication, with any remaining medication contained therein, to the pharmacist or my physician if requested.
5. Because many illicit drugs and other medication can cause fatal complications when mixed with controlled substances, I agree to drug screening if requested by my physician. Refusal on my part may constitute a violation of this controlled substance agreement.
6. So that potential drug interactions may be avoided, I affirm that I have provided my physician with a complete list of other medication that I am taking.

I understand that this protocol is intended to aid my treating physician, and that it is my responsibility to inform my physician of any side effects or complications that may arise from my use of this medication.

My signature below and, use of the medication prescribed, indicates that I understand and accept the information and conditions outlined above. I agree that if I am unable to adhere to this agreement, my DISD physician will no longer prescribe this class of medication.

Patient: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_



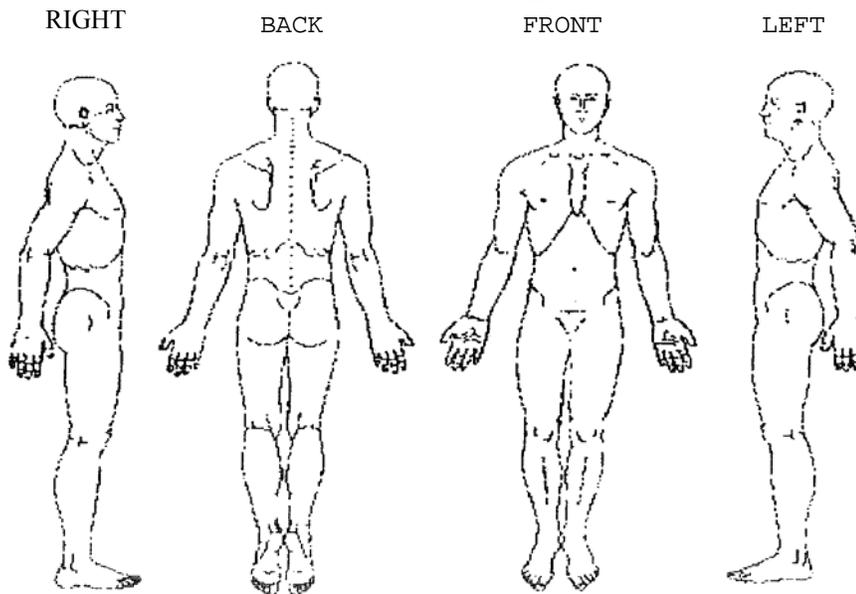
## PAIN AND DISABILITY: (Section B)

This section pertains to **pain only**. You will have an opportunity to answer questions about numbness and tingling in **section C**.

Does your neck or back problem cause pain?

- No (please **skip** to section C)  
 Yes (Continue this section) Mark your **pain** on the fig below.

Please mark on the figure below to show where you feel **pain**.



**Pain scale 0-10 (0= No pain, 10= pain severe enough to pass out)**

What number would you give your pain today? \_\_\_\_\_  
 What number would you give your pain on average? \_\_\_\_\_  
 What number would you give your pain at its worse? \_\_\_\_\_

**Please check all that describe your pain:**

- Burning       Sharp/Stabbing       Tingling       Aching       Throbbing  
 Shooting       Pulling/Tearing       Cramping       Other: \_\_\_\_\_

**Please check all of the appropriate responses in each category to complete the phrase “ My pain... “**

- began suddenly       began gradually       interrupts my sleep  
 is constant       comes and goes

**My pain is worse.....**

- during the day       at night       in the AM       in the afternoon

**My pain is worse when.....**

- Walking       Running       Standing       Sitting       Bending       lifting       driving  
 applying heat       applying ice       exercising       Frequently changing positions       Lying  
 sports (list) \_\_\_\_\_       Over head activity       **Nothing makes my pain worse**

**My pain is better while.....**

- Walking       Running       Standing       Sitting       Bending       lifting       driving
- applying heat    applying ice    exercising       Frequently changing positions    Over head activity
- Lying on Back    Lying on Side    Lying on Stomach       Recliner       sports (list) \_\_\_\_\_
- Nothing makes my pain better**

**Overall, which single word or phrase would you use to describe your pain the majority of the time?**

- Trivial/Minimal       Annoying       Limiting       Disabling       Unbearable

**Because of my pain, I am unable to.....**

- Walk over \_\_\_\_\_ miles       Run over \_\_\_\_\_ miles       Sit longer than \_\_\_\_\_ min/hours
- Stand longer than \_\_\_\_\_ min/hrs    Lift over \_\_\_\_\_ lbs

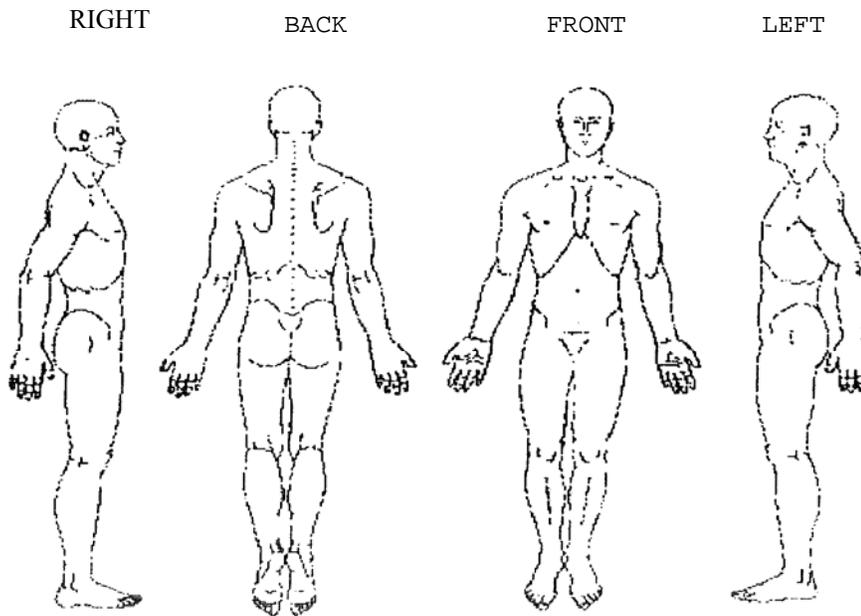
**NUMBNESS/TINGLING (Section C)**

This section pertains to numbness/tingling **only**. Questions about pain are in the previous section (**section B**).

Do you feel numbness or tingling?

- No (please **skip** to section D)
- Yes (continue this section)

Please mark on the figure below to show where you feel **numbness** (loss of feeling) or **tingling** (pins and needles).



**My numbness and tingling is made worse while.....**

- Walking       Running       Standing       Sitting       Bending       lifting       driving
- heat       Ice       exercising       Frequently change of position
- sports (list) \_\_\_\_\_       **Nothing makes my numbness or tingling worse**



Your treatment history (Please check all that apply)

	Complete relief	Improved	Unchanged	Worse
Physical Therapy				
Home Exercises				
Chiropractic				
Epidural Steroid Injection (performed in the Hospital)				
Facet Joint Injection (performed in the Hospital)				
Local or Trigger Point Injection (performed in the office)				
Massage				
Brace, Corset, or other support				
Accupuncture				
Other				
<b>I HAVE NOT STARTED OR COMPLETED ANY OF THE ABOVE TREATMENTS</b>				

Please list all medication you have tried or currently take. Please include last date used, dose, number of pills per day and if the medication helped.

(**examples** = naproxen, voltaren, ibuprofen, feldine, orudis, indocin, vicodin, percocet, oxycontin, darvocet, morphine, soma, flexeril, robaxin, skelaxin, baclofen, celebrex, mobic, neurontin, lyrica, elavil, cymbalta, ultram, trazadone etc)

When last used? mm/yy	Medication	Dose	Number of pills per day	Did the medication help?
	Example: Motrin	800 mg	4	Very helpful

### PRIOR SPINE SURGERY (Section G)

Have you ever had surgery on your spine?

No (please skip to medical history)

(This includes Fusions, decompressions, or any disc procedures)

Yes (complete this section)

Date	Procedure	Rate the outcome of surgery Poor, good or excellent (See Legend below)

Legend: Poor = the surgery had no change or made me worse

Good = the surgery improved my symptoms

Excellent = Dramatically improved or resolved my symptoms

# General Medical Section

(Complete all areas below)

## MEDICAL HISTORY

**Please check or circle any medical problem you currently have, or have experienced in the past.**

Diabetes(Sugar)	Seizures	Hypertension (high blood pressure)
Stroke or Aneurysm	<b>Heart Disease</b>	Emphysema/COPD
Hepatitis	Anemia	Asthma
HIV/AIDS	Blood Clotting Problems	Osteoporosis/Osteopenia
Valley Fever (coccidiomycosis)	Kidney problems (ie renal failure, stones, infection)	Cancer (type): _____
Tuberculosis	Thyroid	Stomach Ulcers
Other Joint Pain	Rheumatoid Arthritis	Reflux Disease
Depression	Hiatal Hernia	Psychiatric illness: _____
<b>I have not had any medical problems</b>	Other: _____	

**What medications do you take for problems UNRELATED to your spine?**

Medication	Dose

**Please list all non-spine related surgeries:**

Procedure	Date (month/year)

**Please list all the Doctors you have seen in the last 2 years:**

Doctor	Issue or Problem

## MEDICATION ALLERGIES

I do not know of any allergies or reactions to any medication

I am allergic to (circle all that apply):

Sulfa	Codeine	Penicillin (PCN)	Latex	Contrast Dye	Shellfish
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Other medication reactions: (Please use other side if necessary)

Medication	Reaction

## FAMILY HISTORY

Please check next to any medical problem that runs in your family.

<input type="checkbox"/> Diabetes(Sugar)	<input type="checkbox"/> Seizures	<input type="checkbox"/> Hypertension (high blood pressure)
<input type="checkbox"/> Stroke or Aneurysm	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Emphysema/COPD
<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Kidney/Bladder problems	<input type="checkbox"/> Asthma
<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Valley Fever (coccidiomycosis)	<input type="checkbox"/> Stomach Ulcers or Reflux disease (Peptic ulcer, hiatal hernia, etc)
<input type="checkbox"/> Osteoarthritis (Degenerative)	<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/> Cancer (type): _____
<input type="checkbox"/> Depression		<input type="checkbox"/> Psychiatric illness: _____
<input type="checkbox"/> <b>I have not had any medical problems</b>	<input type="checkbox"/> Other: _____	

## SOCIAL HISTORY

What is your current occupation? \_\_\_\_\_

How long? \_\_\_\_\_

**Please check all that apply to your work or school status:**

- I have missed no time from work or school because of my spine problem
- I am currently working full time
- I have missed a total of \_\_\_\_\_ days from work or school because of my spine problem
- I am working (circle 

Part time
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Limited duty
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 one)
- I am unable to work at all because of my spinal problem
- I am unable to work at all because of another problem not related to my spine (diagnosis) \_\_\_\_\_
- The last date I worked was: \_\_\_\_\_
- I have been receiving worker's compensation since \_\_\_\_\_
- I have been on disability since \_\_\_\_\_

**What is your marital status (circle one)?**

Single	Married	Separated	Divorced	Widowed
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**What is your living situation (circle one)?**

Homeless	with children	with spouse	with relatives	Alone
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**List your recreations or sports with frequency and duration.**

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**Please check all that apply to you:**

- I never smoked cigarettes
- I quit smoking \_\_\_\_\_ years/months ago
- I smoke cigarettes at \_\_\_\_\_ packs per day
- I have smoked for \_\_\_\_\_ years
- I chew tobacco
- I never drink alcohol
- I drink alcohol (circle 

Very often	Daily	Weekly	Monthly	rarely
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 one)
- I am recovering from a drinking problem
- Recreational drug use
  
- I have not, nor do I plan to take legal action related to this injury.
- I am considering or have taken legal action as a result of this injury.
- Legal action related to this injury is closed or settled.

## **REVIEW OF SYSTEMS**

Please check all problems below that apply to you.

<input type="checkbox"/>	Shortness of Breath	<input type="checkbox"/>	Nausea and Vomiting	<input type="checkbox"/>	Fever
<input type="checkbox"/>	Chest Pain	<input type="checkbox"/>	Fainting	<input type="checkbox"/>	Chills
<input type="checkbox"/>	Memory problems	<input type="checkbox"/>	Loss of Consciousness	<input type="checkbox"/>	Night Sweats
<input type="checkbox"/>	Anxiety or Nervousness	<input type="checkbox"/>	Dizziness	<input type="checkbox"/>	Bowel Incontinence (Uncontrolled defecation)
<input type="checkbox"/>	Chronic Fatigue	<input type="checkbox"/>	Convulsions	<input type="checkbox"/>	Unable to Urinate
<input type="checkbox"/>	Frequent Headaches	<input type="checkbox"/>	Unexplained Weight Loss	<input type="checkbox"/>	Loss of Appetite

Thank you for completing the questionnaire. It will be incorporated into your initial evaluation.

*The End*